The 2016 Annual Occupational and Environmental Medicine Conference
Marking the 60th Anniversary of the Northwest Association of Occupational & Environmental Medicine

September 9 - 10, 2016
Seattle, WA

Register Today at www.naoem.org

Cedarbrook Lodge
18525 36th Ave S, Seattle, WA 98188
A limited number of rooms are available for a group rate of $209 (plus taxes).
Call 877-515-2176 to make your reservation, or use the code NAOEM when booking online.

Presented by the Northwest Association of Occupational & Environmental Medicine (NAOEM)
and the University of Washington Northwest Center for Occupational Health and Safety
Please join us for the 2016 NAOEM Conference marking the organization’s 60th anniversary. We have an exciting program featuring educational lectures and opportunities to network with scientific and medical thought leaders in the beautiful Northwest.

This annual scientific conference is designed to provide important updates on current topics in occupational medicine. Conference content is relevant to occupational and environmental medicine professionals, primary care providers, and others who assess and/or treat patients with conditions common to the field of occupational and environmental medicine, including physicians (family physicians, general practitioners, internists), physician assistants, nurse practitioners and other nursing professionals.

**SCHEDULE OF EVENTS**

**FRIDAY SEPTEMBER 9, 2016**

7:00 AM  Registration and Breakfast

7:50 AM  Welcome Announcements  
   Jiho Bryson, MD, MPH – Conference Chair  
   Louis Lim, MD, MPH – NAOEM President

8:00 AM  Scientific Basis for Making Fitness for Duty Determinations  
   John Holland, MD, MPH

8:45 AM  Cognitive Behavioral Therapy and Mindfulness for Chronic Pain  
   William Kelleher, PhD

9:45 AM  Break – Visit Exhibitors

10:15 AM  Non-Opioid Pharmacologic Approaches for the Injured Worker  
   Steven Stanos, DO

11:15 AM  Caring for the Whole Patient – In Pain  
   Heather Tick, MD

12:15 PM  Lunch

1:15 PM  Pain Management Panel/ Round Table

1:45 PM  Update and Review of Common Occupational Skin Diseases  
   Susan Chon, MD

2:30 PM  Break – Visit Exhibitors

3:00 PM  Climate Change and Infectious Disease – The New Abnormal  
   Gerald Cangelosi, PhD

4:00 PM  A Practical Approach to the Non-Surgical vs. Surgical Treatment of Meniscal Tears of the Knee  
   Greg Nakamoto, MD

5:30–8:00 PM  NAOEM 60th Anniversary Dinner & Annual Meeting  
   Dinner Talk - One Health: What Does Occupational And Environmental Medicine Have to Do With It?  
   Peter Rabinowitz, MD, MPH

**SATURDAY SEPTEMBER 10, 2016**

7:00 AM  Registration and Breakfast

7:55 AM  Announcements  
   Jiho Bryson, MD, MPH – Conference Chair

8:00 AM  Complex Regional Pain Syndrome – Making Rational Treatment Choices for a Poorly Understood Condition  
   Andrew Friedman, MD

9:00 AM  Sleep Science: Better Sleep for You and Your Patients  
   Chunbai Zhang, MD, MPH

10:00 AM  Break – Visit Exhibitors

10:30 AM  Occupational Reproductive and Developmental Hazards  
   Esi Nkyekyer, MD

11:00 AM  The Role of Musculoskeletal Ultrasound in Occupational Medicine  
   T. Greg Mckelvey, MD, MPH

11:30 AM  Red Flags in Low Back Pain  
   Dianna Chamblin, MD

12:15 PM  Lunch

1:15 PM  WA State Department of L&I: Working Together to Keep People Working  
   Nicholas Reul, MD, MPH

1:45 PM  Ergonomic Issues in the Work of Custodians  
   Debra Milek, MD, PhD, MPH

2:30 PM  Break – Visit Exhibitors

3:00 PM  Concussion – Occupational Brain Injury and Assessment  
   Jennifer Zumsteg, MD

4:00 PM  Occupational Medicine 101: Improving Outcomes and Avoiding Pitfalls  
   Louis Lim, MD, MPH and Nicole Cushman, BA

5:00 PM  Closing Remarks

**LEARNING OBJECTIVES**

After attending this conference, participants will be able to:

- Recognize the diagnostic criteria for Complex Regional Pain Syndrome and how to make the diagnosis early in its course in order to make appropriate early interventions.
- Identify basic tools to treat common sleep problems.
- Evaluate the low back pain patient and recognize signs and symptoms that warrant heightened and accelerated scrutiny and action.
- Identify 2 bedside assessment tools useful for cognitive screening, including executive function, after Traumatic Brain Injury.

- Describe different non-opioid options for pain management.
- Make informed appropriate referrals for Cognitive Behavioral Therapy and/or Mindfulness Training when indicated for chronic pain patients.
- Use their knowledge of the incidence of asymptomatic meniscal disease in the general population to help guide clinical decisionmaking.
- Describe the One Health approach.
NAOEM 2016 ANNUAL SCIENTIFIC CONFERENCE

REGISTRATION

Register today at www.naoem.org or contact naoemconference@gmail.com for more information.

FEES (before Aug. 1, 2016/ after Aug. 1, 2016):
$495/ $595- ACOEM/ NAOEM member Physician
$395/ $495- Non-member Physician
$395/ $495- Nurse Practitioners/ Physician Assistants
$495/ $595- Other Health Professionals
$250/ $350- Residents/ Fellows/ Students/ Presenters

Conference fees include breakfast, lunch, and break refreshments for both conference days, as well as the NAOEM 60th Anniversary Dinner at Cedarbrook Lodge on Friday, September 9, 2016. Family/guest meals are available for an additional charge. See www.naoem.org for details.

Cancellation Policy: We must receive written notification of your cancellation before August 9, 2016. A $10 processing fee will be deducted from the registration refund. No refunds after August 9, 2016. Written notification can be faxed to 206-441-5863, or mailed to NAOEM, 207 5th Avenue, Suite 2700, Seattle, WA 98121.

TRAVEL AND ACCOMMODATIONS

Cedarbrook Lodge, 18525 36th Avenue South, Seattle, Washington 98188

Cedarbrook Lodge is a Northwest hideaway situated on eleven lush acres, surrounded by a perimeter of seven additional acres of natural restored wetlands. Cedarbrook guests can arrange a complimentary shuttle to and from SeaTac International Airport, Seattle Link light rail, and the Tukwila Amtrak platform. See www.cedarbrooklodge.com for further information.

Group room block rates have been reserved at the special NAOEM conference rate of $209 plus applicable taxes. The cut-off date is Tuesday, August 9, 2016, or until the group room block is filled. After this date, rooms will be provided on a space-available basis only. You are urged to make your reservation early.

Call 877-515-2176 to make your reservation, or use the code NAOEM when booking online.

ACREDITATION

Approved AMA PRA Category 1 Credits™: 15.0; ABPM MOC Credits: 15.0

AMCCE Accreditation Statement

“This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through joint providership of the American College of Occupational and Environmental Medicine (ACOEM) and the Northwest Association of Occupational and Environmental Medicine (NAOEM). The ACCME is accredited by the ACCME to provide continuing medical education to physicians.”

AMA Credit Designation Statement

“The American College of Occupational and Environmental Medicine designated this educational activity for a maximum of 15.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in this activity.”

Family Physicians: Application for CME AAFP has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Nurses: For the purposes of recertification, the American Nurses Credentialing Center accepts AMA PRA Category 1 Credits™ issued by organizations accredited by the ACCME.

Physician Assistants: AAPA accepts AMA PRA Category 1 Credits™ issued by organizations accredited by the ACCME.

CONFERENCE FACULTY

Gerard Cangelosi, PhD, Professor, Department of Environmental and Occupational Health Sciences; Adjunct Professor, Departments of Global Health and Epidemiology, University of Washington, Seattle, WA

Dianna Chamblin, MD, Medical Director, Occupational Medicine; Medical Director, Comprehensive Pain Center, The Everett Clinic, Everett, WA

Susan Y. Chon, MD, Associate Professor of Dermatology, UT MD Anderson Cancer Center, Houston, TX

Nicole Cushman, BA, Director, Center of Occupational Health Education, Alliance of Western Washington, Franciscan Medical Group, Tacoma, WA

Andrew Friedman MD, Head, Division of Physical Medicine and Rehabilitation, Virginia Mason Medical Center; Clinical Assistant Professor, University of Washington, Seattle, WA

John Holland, MD, MPH, FACPOM, Principal, Holland Associates, Inc.; Clinical Assistant Professor, Department of Environmental and Occupational Health Sciences and Department of Orthopaedics, University of Washington; Olympia, WA

William J. Kelleher, PhD, Senior Clinical Psychologist, The Everett Clinic/Comprehensive Pain Center, Everett, WA

Louis Lim, MD, MPH, Associate Medical Director, Center of Occupational Health and Education (COHE) Alliance of Western Washington, Franciscan Medical Group, Tacoma, WA

T. Greg McKelvey Jr., MD, MPH, Resident, Occupational and Environmental Medicine, University of Washington, Seattle, WA

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Peter Rabinowitz, MD, MPH, Associate Professor, Departments of Environmental and Occupational Health Sciences and Global Health, University of Washington School of Public Health, Department of Family Medicine and Allergy and Infectious Disease, University of Washington School of Medicine, Seattle, WA

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Steven Stanos, DO, Medical Director, Swedish Pain Services; Medical Director, Occupational Medicine Services, Seattle, WA

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