The 2017 Annual Occupational and Environmental Medicine Conference

October 13-14, 2017
Seattle, WA

Friday, October 13: AM Worksite Tour at Pioneer Industries
Saturday, October 14: Full-Day Scientific Conference

Register Today at www.naoem.org

Cedarbrook Lodge
18525 36th Ave S, Seattle, WA 98188
A limited number of rooms are available for a group rate of $199 (plus taxes).
Call 206-429-4197 to make your reservation, or use the code NAOEM when booking online.

Presented by the Northwest Association of Occupational & Environmental Medicine (NAOEM) and the University of Washington Northwest Center for Occupational Health and Safety
We have an exciting program featuring educational lectures and opportunities to network with scientific and medical thought leaders in the beautiful Northwest. This annual scientific conference is designed to provide important updates on current topics in occupational medicine. Conference content is relevant to occupational and environmental medicine professionals, primary care providers, and others who assess and/or treat patients with conditions common to the field of occupational and environmental medicine, including physicians (family physicians, general practitioners, internists), physician assistants, nurse practitioners and other nursing professionals.

**SCHEDULE OF EVENTS**

**FRIDAY, OCTOBER 13, 2017**

10:00 AM-12:00PM  
**Worksite Tour - Back by Popular Demand!**  
**Pioneer Industries Worksite Tour**  
Led by Allison Crollard, MS, MN, CIH  
Research Industrial Hygienist, University of Washington Department of Environmental and Occupational Health Sciences, Field Research and Consultation Group  
Pioneer Industries is a sheet metal fabrication shop, featuring machining, assembly, spray painting, and other finishing processes, located just 15 minutes North of the Cedarbrook Lodge.  
The worksite tour is free with conference registration; however, space is limited, and transportation is not provided.

**SATURDAY, OCTOBER 14, 2017**

7:30 AM  Registration  
7:50 AM  Welcome Announcements  
Debra Cherry, MD, MS, Conference Co-Chair  
8:00 AM  Abstract Presentation: Factors Beyond Injury Severity that Impact Disability  
Carly Eckert, MD, MPH  
8:30 AM  The Psycho-Physiology of Pain: From Acute to Chronic and Back Again  
Jay Skidmore, PhD  
9:30 AM  Break, Visit Exhibitors  
10:00 AM  What is Pain, How do we Assess and Treat it, and What is the Role of Opioids?  
David Tauben, MD  
11:00 AM  Multidisciplinary Pain Management - Defying Disability  
Heather Kroll, MD  
12:00 PM  Lunch

**SATURDAY, OCTOBER 14, 2017 Continued**

12:45 PM  WA State Labor and Industries: Innovations in Workers’ Compensation  
Nicholas Reul, MD, MPH  
1:30 PM  Bloodborne Pathogens and Post-Exposure Prophylaxis  
Chris Behrens, MD  
2:30 PM  Cognitive Behavioral and Motivational Approaches to Chronic Pain  
Joe Merrill, MD  
3:30 PM  Break, Visit Exhibitors  
4:00 PM  Shoulder Disorders  
Michael Codsi, MD  
5:00 PM  Break  
5:30 PM  NAOEM Annual Membership Meeting and Dinner  
6:15 PM  Earthquakes, Hurricanes and Disasters, Oh My!...  
How will the medical system respond to a major disaster in the U.S.?  
Jeff Maple, MD  
8:00 PM  Adjourn

**REGISTRATION**

Register today at www.naoem.org or contact admin@naoem.org for more information.

**Fees** (before September 1, 2017 / after September 1, 2017):

- $295/$350  ACOEM/NAOEM Physician
- $325/$375  Non-member Physician
- $275/$325  Nurse Practitioner, Physician Assistant, or Retired Physician
- $295/$350  Other Health Professional (not listed above)
- $200/$250  Resident, Fellow, Student, or Presenter

Conference fees include breakfast, lunch, break snacks, and dinner at the Cedarbrook Lodge on October 14, 2017. Guest and family meals are available for an additional charge. Please see naoem.org for details.

**Cancellation Policy:** We must receive written notification of your cancellation before September 9, 2017. A $50 processing fee will be deducted from the registration refund. No refunds will be issued after September 9, 2017. Written notification of cancellation can be mailed to NAOEM at 2001 Sixth Avenue, Suite 2700, Seattle, WA. 98121 or faxed to 206-441-5863.

**LEARNING OBJECTIVES**

After attending this conference, participants will be able to:

- Describe pain in the context of biopsychosocial models.
- Identify the differences between a comprehensive multidisciplinary pain management program and stand-alone services; and discern when it is appropriate to refer patients for comprehensive services.
- Describe the role of different exercise approaches in the management of chronic pain to allow more effective patient counseling in the use of exercise to manage chronic pain syndromes.
- Distinguish between exposures that convey significant risk of bloodborne pathogen transmission versus those that pose negligible risk.
- Effectively and accurately manage an occupational injury that requires post-exposure prophylaxis.
- Explain the natural history of rotator cuff tears.

- Engage patients with chronic pain problems in active strategies based on cognitive behavioral principles to improve their pain management.
- Use strategies based on motivational interviewing in developing patient-centered plans for the treatment of chronic pain.
- Recognize how the practice of medicine during and immediately after a disaster is different than during routine day-to-day clinical practice.
- Recognize the various workplace hazards present in an airplane parts manufacturing plant.
- Describe the overall program requirements to control hexavalent chromium exposures.
Cedarbrook Lodge, 18525 36th Avenue South, Seattle, Washington 98188

Cedarbrook Lodge is a Northwest hideaway situated on eleven lush acres, surrounded by a perimeter of seven additional acres of natural restored wetlands. Cedarbrook guests can arrange a complimentary shuttle to and from SeaTac International Airport, Seattle Link light rail, and the Tukwila Amtrak platform. See www.cedarbrooklodge.com for further information.

Group room block rates have been reserved at the special NAOEM conference rate of $199 plus applicable taxes. The cut-off date is Wednesday, September 13, 2017, or until the group room block is filled. After this date, rooms will be provided on a space-available basis only. You are urged to make your reservation early.

Call 206-429-4197 to make your reservation, or use the code NAOEM when booking online.

PLANNING COMMITTEE
Debra Cherry, MD, MS, Conference Co-Chair
Jiho Bryson, MD, MPH, Conference Co-Chair
Lee Glass, MD, JD
Dean Grove, MD, MPH, FACOEM, FAAFP, FACPM
Louis Lim, MD, MPH, FAC
Nancy Simcox, MS
Jill Tepe
Sarah Wolz, MS

ACCREDITATION

ACCME Accreditation Statement
“This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through joint providership of the American College of Occupational and Environmental Medicine (ACOEM) and the Northwest Association of Occupational and Environmental Medicine (NAOEM). The ACOEM is accredited by the ACCME to provide continuing medical education to physicians.”

AMA Credit Designation Statement
“This activity, NAOEM 2017 Annual Scientific and Clinical Education Conference, with a beginning date of 10/13/2017, has been reviewed and is acceptable for up to 10.25 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.”

AAFP Accreditation Statement
“This activity, NAOEM 2017 Annual Scientific and Clinical Education Conference, with a beginning date of 10/13/2017, has been reviewed and is acceptable for up to 10.25 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.”

Nurses: For the purposes of recertification, the American Nurses Credentialing Center accepts AMA PRA Category 1 Credits™ issued by organizations accredited by the ACCME.

Physician Assistants: AAPA accepts AMA PRA Category 1 Credits™ issued by organizations accredited by the ACCME.