



The 2017 Annual Occupational and Environmental Medicine Conference

October 13-14, 2017
Seattle, WA

*Friday, October 13: AM Worksite Tour at Pioneer Industries
Saturday, October 14: Full-Day Scientific Conference*

Register Today at www.naoem.org



Cedarbrook Lodge

18525 36th Ave S, Seattle, WA 98188

A limited number of rooms are available for a group rate of \$199 (plus taxes).

Call 206-429-4197 to make your reservation, or use the code NAOEM when booking online.

*Presented by the **Northwest Association of Occupational & Environmental Medicine (NAOEM)**
and the University of Washington Northwest Center for Occupational Health and Safety*



CONTINUING EDUCATION PROGRAMS

NORTHWEST CENTER FOR OCCUPATIONAL HEALTH AND SAFETY

DEPARTMENT OF ENVIRONMENTAL AND OCCUPATIONAL HEALTH SCIENCES

University of Washington School of Public Health



NAOEM 2017 ANNUAL OCCUPATIONAL AND ENVIRONMENTAL MEDICINE CONFERENCE

We have an exciting program featuring educational lectures and opportunities to network with scientific and medical thought leaders in the beautiful Northwest. This annual scientific conference is designed to provide important updates on current topics in occupational medicine. Conference content is relevant to occupational and environmental medicine professionals, primary care providers, and others who assess and/or treat patients with conditions common to the field of occupational and environmental medicine, including physicians (family physicians, general practitioners, internists), physician assistants, nurse practitioners and other nursing professionals.

SCHEDULE OF EVENTS

FRIDAY, OCTOBER 13, 2017

- 10:00 AM - 12:00PM **Worksite Tour - Back by Popular Demand!**
Pioneer Industries Worksite Tour
Led by Allison Crollard, MS, MN, CIH
Research Industrial Hygienist, University of Washington Department of Environmental and Occupational Health Sciences, Field Research and Consultation Group
- Pioneer Industries is a sheet metal fabrication shop, featuring machining, assembly, spray painting, and other finishing processes, located just 15 minutes North of the Cedarbrook Lodge.
- The worksite tour is free with conference registration; however, space is limited, and transportation is not provided.

SATURDAY, OCTOBER 14, 2017

- 7:30 AM Registration
- 7:50 AM Welcome Announcements
Debra Cherry, MD, MS, Conference Co-Chair
- 8:00 AM **Abstract Presentation: Factors Beyond Injury Severity that Impact Disability**
Carly Eckert, MD, MPH
- 8:30 AM **The Psycho-Physiology of Pain: From Acute to Chronic and Back Again**
Jay Skidmore, PhD
- 9:30 AM Break, Visit Exhibitors
- 10:00 AM **What is Pain, How do we Assess and Treat it, and What is the Role of Opioids?**
David Tauben, MD
- 11:00 AM **Multidisciplinary Pain Management - Defying Disability**
Heather Kroll, MD
- 12:00 PM Lunch

SATURDAY, OCTOBER 14, 2017 *Continued*

- 12:45 PM **WA State Labor and Industries: Innovations in Workers' Compensation**
Nicholas Reul, MD, MPH
- 1:30 PM **Bloodborne Pathogens and Post-Exposure Prophylaxis**
Chris Behrens, MD
- 2:30 PM **Cognitive Behavioral and Motivational Approaches to Chronic Pain**
Joe Merrill, MD
- 3:30 PM Break, Visit Exhibitors
- 4:00 PM **Shoulder Disorders**
Michael Codsi, MD
- 5:00 PM Break
- 5:30 PM **NAOEM Annual Membership Meeting and Dinner**
- 6:15 PM **Earthquakes, Hurricanes and Disasters, Oh My!... How will the medical system respond to a major disaster in the U.S.?**
Jeff Maple, MD
- 8:00 PM Adjourn

REGISTRATION

Register today at www.naoem.org or contact admin@naoem.org for more information.

Fees (before September 1, 2017/ after September 1, 2017):

\$295/\$350	ACOEM/NAOEM Physician
\$325/\$375	Non-member Physician
\$275/\$325	Nurse Practitioner, Physician Assistant, or Retired Physician
\$295/\$350	Other Health Professional (not listed above)
\$200/\$250	Resident, Fellow, Student, or Presenter

Conference fees include breakfast, lunch, break snacks, and dinner at the Cedarbrook Lodge on October 14, 2017. Guest and family meals are available for an additional charge. Please see naoem.org for details.

Cancellation Policy: We must receive written notification of your cancellation before September 9, 2017. A \$50 processing fee will be deducted from the registration refund. No refunds will be issued after September 9, 2017. Written notification of cancellation can be mailed to NAOEM at 2001 Sixth Avenue, Suite 2700, Seattle, WA. 98121 or faxed to 206-441-5863.

LEARNING OBJECTIVES

After attending this conference, participants will be able to:

- Describe pain in the context of biopsychosocial models.
- Identify the differences between a comprehensive multidisciplinary pain management program and stand-alone services; and discern when it is appropriate to refer patients for comprehensive services.
- Describe the role of different exercise approaches in the management of chronic pain to allow more effective patient counseling in the use of exercise to manage chronic pain syndromes.
- Distinguish between exposures that convey significant risk of bloodborne pathogen transmission versus those that pose negligible risk.
- Effectively and accurately manage an occupational injury that requires post-exposure prophylaxis.
- Explain the natural history of rotator cuff tears.
- Engage patients with chronic pain problems in active strategies based on cognitive behavioral principles to improve their pain management.
- Use strategies based on motivational interviewing in developing patient-centered plans for the treatment of chronic pain.
- Recognize how the practice of medicine during and immediately after a disaster is different than during routine day-to-day clinical practice.
- Recognize the various workplace hazards present in an airplane parts manufacturing plant.
- Describe the overall program requirements to control hexavalent chromium exposures.

TRAVEL AND ACCOMMODATIONS

Cedarbrook Lodge, 18525 36th Avenue South, Seattle, Washington 98188

Cedarbrook Lodge is a Northwest hideaway situated on eleven lush acres, surrounded by a perimeter of seven additional acres of natural restored wetlands. Cedarbrook guests can arrange a complimentary shuttle to and from SeaTac International Airport, Seattle Link light rail, and the Tukwila Amtrak platform. See www.cedarbrooklodge.com for further information.

Group room blockrates have been reserved at the special NAOEM conference rate of \$199 plus applicable taxes. The cut-off date is **Wednesday, September 13, 2017**, or until the group room block is filled. After this date, rooms will be provided on a space-available basis only. You are urged to make your reservation early.

Call **206-429-4197** to make your reservation, or use the code NAOEM when booking online.

PLANNING COMMITTEE

Debra Cherry, MD, MS, Conference Co-Chair

Jiho Bryson, MD, MPH, Conference Co-Chair

Lee Glass, MD, JD

Dean Grove, MD, MPH, FACOEM, FAFP, FACPM

Louis Lim, MD, MPH, FACP

Nancy Simcox, MS

Jill Tepe

Sarah Wolz, MS

CONFERENCE FACULTY

Christopher Behrens MD

Clinical Associate Professor of Medicine, University of Washington, Departments of Global Health, Allergy & Infectious Disease, and Family Medicine, Seattle, WA

Michael Codsi, MD

Staff Surgeon, Evergreen Hospital, Kirkland, WA

Allison Crollard, MS, MN, CIH

Research Industrial Hygienist, University of Washington Dept. of Environmental and Occupational Health Sciences – Field Research and Consultation Group, Seattle, WA

Carly Eckert, MD, MPH

Associate Medical Director, Washington State Department of Labor and Industries, Olympia, WA

Heather Kroll, MD

Medical Director, Pain Management Program and Brain Injury Rehabilitation Program, Rehabilitation Institute of Washington, Seattle, WA

Jeffrey Maple, MD

State Air Surgeon, Washington Air National Guard, Spokane, WA

Joseph Merrill, MD, MPH

Associate Professor of Medicine, University of Washington, Department of Internal Medicine, Seattle, WA

Nicholas K. Reul, MD, MPH

Associate Medical Director for Occupational Disease, Washington State Department of Labor and Industries, Olympia, WA

Jay Skidmore, PhD

Professor Emeritus, Seattle Pacific University, Seattle, WA; Clinical Health Psychologist, North Sound Mind Body Healthcare, Everett, WA

David Tauben, MD, FACP

Clinical Professor and Chief, Division of Pain Medicine, University of Washington, Seattle, WA



ACCREDITATION

ACCME Accreditation Statement

"This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through joint providership of the American College of Occupational and Environmental Medicine (ACOEM) and the Northwest Association of Occupational and Environmental Medicine (NAOEM). The ACOEM is accredited by the ACCME to provide continuing medical education to physicians"

AMA Credit Designation Statement

"The American College of Occupational and Environmental Medicine designated this educational activity for a maximum of 10.5 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in this activity."

AAFP Accreditation Statement

"This Live activity, NAOEM 2017 Annual Scientific and Clinical Education Conference, with a beginning date of 10/13/2017, has been reviewed and is acceptable for up to 10.25 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity"

Nurses: For the purposes of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credits*[™] issued by organizations accredited by the ACCME.

Physician Assistants: AAPA accepts *AMA PRA Category 1 Credits*[™] issued by organizations accredited by the ACCME.